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## Development of cryopreservation methods of seed of *Nepeta cataria*

This article presents the summarized data on cryopreservation of seeds of the medical plant *Nepeta cataria*. Cryopreservation is a highly promising method for saving of seed materials, allowing to organize long-term storage without viability loss. The purpose of present work is to optimize conditions of cryopreservation of seed materials of *Nepeta cataria*. Assessment of seed survival rate in the storage showed a linear decrease in seed viability and energy of germination. After 30 months of storage at the low positive temperature (+5 °C) in paper pack seed rate decreased to 12.0 % and energy of germination to 11.2 %; after 4 years of storage seeds lost viability. During conduction of research the type of container, condition of thawing, optimal moisture of seeds and cryoprotectants are optimized. The optimal container for cryopreservation in liquid nitrogen was plastic cryo tubes; defrosting at room temperature. The best seed rate is found at moisture 3 %; the best cryoprotectant was glucose, the optimal concentration was 15 %. The result of the research is used for creation of the long-term storage medicinal cultures' seed bank in the liquid nitrogen.

**Keywords:** *Nepeta cataria*, medicinal plant, seed materials, germination, liquid nitrogen, cryo protectants, cryopreservation.

### Introduction

Republic of Kazakhstan has the great resources of wild and cultivated medicinal plants [1], the most of which are used for development of new medicine prepared on their base [2]. So, cultivation of the medicinal plants is limited by the deficit of seed production and absent seed banks. Research on the development of methods for storing seed materials is relevant and has potential for practical application. One of the modern methods is cryopreservation in liquid nitrogen [3–5], which allows stopping physiological processes and ensuring long-term storage at extra low temperature. Early conducted research shows the need for individual selection of conditions for cryo freezing for each taxon [6–8].

The perspective object is *Nepeta cataria* L. (*Lamiaceae* family), above-ground organs of which are used in folk and official medicine as antispasmodic, tonic, stimulating remedies [9]. The infusions are used for treatment of gastrointestinal and respiratory diseases, gallbladder and bile pathways, against hysteria and depression conditions [10, 11]. Infusion of raw material of *Nepeta cataria* reduces the temperature, has sedative, antimicrobial and anti-oxidant effect [12–17].

The purpose of present study is to develop of the conditions of cryopreservation of *Nepeta cataria*'s seed material.

### Materials and methods

The collection of seeds of *Nepeta cataria* is made from nature on Spassky hills (Bukhar Zhirau district of the Karagandy region) in 2018. Species affiliation is determined by the Flora of Kazakhstan [18]. A sample of the plant is stored in the herbarium fund of the Faculty of Biology and Geography of E.A. Buketov Karaganda University.

The experiments are conducted on the base of Research Park of Biotechnology and Eco-Monitoring of E.A. Buketov Karaganda University. For experiments all seeds are cleaned, dried to a humidity of 3, 7 and 12 %; and divided into batches of 100 pieces (Fig. 1). Freezing of seeds was carried out in 2 types of containers (foil package and plastic cryo tubes) in Dewar vessels CDC 20 (CryoMash) according to methodological guidelines [19–21]. The moisture content in seed is obtained as mean percentage between fresh and dried weight (3 independent determinations).

Figure 1. Seeds of *Nepeta cataria*

Defrosting after freezing is carried out in 2 variants: a) rapid defrosting in water bath (40 °C) for 10–15 minutes; b) slow defrosting at room temperature (22–23 °C) for one hour. Seeds stored in the refrigerator (+5 °C) for 30 months were used as control variant.

In second series of experiments different cryo protectors were used: sucrose — 10 and 15 %; glucose — 10 and 15 %; glycerin — 20 and 40 %, propylene glycol — 5 and 10 %. Seed materials are soaked in various solutions of cryoprotectants for 15 minutes, after which were placed in liquid nitrogen. As a control seeds frosted without cryoprotectants were used. After defrosting seeds are washed from cryoprotectants 3 times with distilled water.

To test the viability of all variants of seeds (experimental and control samples) they are sown in Petri dishes on two-layer filter paper moistened with distilled water [22]. The energy of germination (on 6<sup>th</sup> day) and germination (on 15<sup>th</sup> day) are noted.

The data is analyzed using Statistic program STATISTICA and package EXCEL-2010.

#### Results and discussion

The preliminary results of germination analysis show that the viability of *Nepeta cataria*'s seeds quickly loses quality — from 46.2 % for fresh to 12.0 % after 30 months of traditional storage in refrigerator (Table 1).

Table 1

Seed rate and energy of germination of *Nepeta cataria* after storage in low temperature (+5 °C)

Period of storage, month	Seed rate, %	Energy of germination, %
Fresh seeds	46.2±1.5	26.8±0.6
1	42.8±1.0	23.9±0.4
3	38.6±1.5	22.6±0.2
6	35.2±1.9	24.3±0.2
9	27.1±1.2	21.2±0.8
12	26.8±1.5	20.7±0.8
15	20.3±1.1	18.9±0.3
18	19.6±1.2	17.4±0.1
21	18.9±1.3	16.2±0.8
24	15.0±1.8	15.1±0.6
27	14.1±1.6	13.8±0.4
30	12.0±1.3	11.2±0.8

The seed rate of *Nepeta cataria* after 1 month of storage decreased to 42.8 %; after 6 months to 35.2 %; after 12 months to 26.8 %; after 18 months to 19.6 % (Fig. 2). Thus, optimal period of storage was 1–2 years.

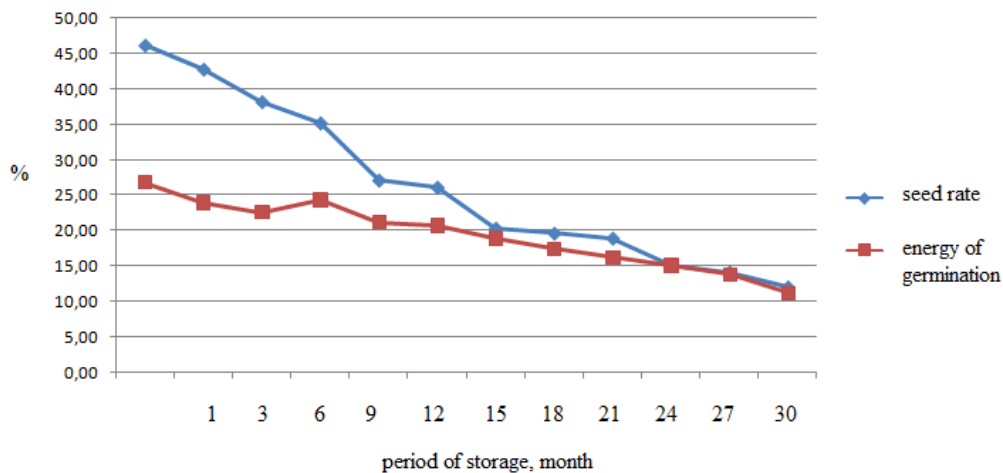


Figure 2. Seed rate and energy of germination of *Nepeta cataria* after 30 months of storage

On the next step the effects of kinds of package and methods of defrosting are studied. The results showed that after freezing, seed germination was higher than in the control variant (Table 2).

Table 2

**Seed rate and energy of germination of *Nepeta cataria* after cryopreservation in different containers and different methods of defrosting**

Experimental variant	Seed rate, %	Energy of germination, %
Control (storage 2 years)	26.8±1.5	20.7±0.8
Cryopreservation, cryo tubes, thawing at room temperature	64.8±3.0	52.0±1.6
Cryopreservation, foil pack, thawing at room temperature	58.7±2.9	38.4±0.7
Cryopreservation, plastic cryo tubes, thawing in water bath	62.8±2.7	42.9±0.7
Cryopreservation, foil pack, thawing in water bath	55.4±2.0	42.3±0.5

The maximum seed rate and energy of germination are noted in the experimental variant of freezing in plastic cryo tube and defrosting in room temperature: 65.6 % and 54.0 %, respectively.

The moisture of seeds is important in the organization of the storage system [19, 21]. We froze three versions of pot seeds with humidity 12 %; 7 %; 3 %. The results showed that maximum drying of seeds led to the best viability after thawing (Table 3).

Table 3

**Indicators of seed viability of *Nepeta cataria* after cryopreservation depending on moisture content**

Moisture, %	Seed rate, %	Energy of germination, %
12	46.7±19.5	27.8±5.6
7	54.2±19.7	32.5±1.2
3	62.5±21.3	47.8±2.5

Thus, 3 % moisture of seed is optimal for cryopreservation.

One of the ways to increase viability of seeds is to use different cryoprotectants [19–21]. In our experiments three types of cryoprotectants with different concentration were used. The best variant is observed for 15 % glucose concentration (Table 4).

**Seed rate and energy of germination of *Nepeta cataria* after using cryoprotectants**

Variant of experiment	Seed rate, %	Energy of germination, %
Control (without cryo protector)	46.7±19.5	27.8±5.6
Glucose 10 %	70.5±3.2	48.9±1.5
Glucose 15 %	74.5±3.3	58.9±1.6
Sucrose 10 %	65.6±3.7	60.5±2.4
Sucrose 15 %	45.8±2.4	24.4±1.7
Glycerin 20 %	42.8±3.0	20.1±3.1
Glycerin 40 %	41.2±3.3	20.5±3.3
Propylene glycol 5 %	61.3±3.7	50.2±3.5
Propylene glycol 10 %	68.0±3.0	65.8±1.8

Sucrose and propylene glycol gave higher results than in control variant. But both concentrations of glycerin had lower viability than control parameters.

*Conclusion*

During storage of seeds of *Nepeta cataria* a gradual decrease in seed rate and energy of germination are noted. A year later, seed rate decreased by 20.25 %, after 2 years by 31.45 %, after 30 months by 34.55 %.

Freezing of *Nepeta cataria*'s seeds in liquid nitrogen made it possible to maintain the viability of the seed material. The best container for freezing is plastic cryotubes. The best survival results of *Nepeta cataria*'s seeds are noted with slow defrosting at room temperature (20–24 °C). The best option is freezing the seed material of *Nepeta cataria* at 3 % moisture. The use of separate cryoprotectants made it possible to increase the results of seed rate and energy of germination of *Nepeta cataria*. The best results are obtained in variant of application glucose; the optimal concentration was 15 %.

Results of research are used for creation of a seed bank of medicinal plants.

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### ***Nepeta cataria* тұқымдарының криоконсервациялау әдісін әзірлеу**

Мақалада *Nepeta cataria* медициналық өсімдігінің тұқымдарын криоконсервациялау нәтижелері берілген. Криоконсервация — өміршеңдігін жоғалтпай ұзақ уақыт сақтауды ұйымдастыруға мүмкіндік беретін тұқым материалдарын үнемдеудің перспективалық тәсілі. Мақаланың мақсаты *Nepeta cataria* тұқым материалдарын криоконсервациялау шарттарын оңтайландыру болып табылады. Қордағы тұқымдардың тірі қалуын бағалау тұқымдардың жылдамдығы мен сақтау кезінде өсу энергиясының сызықтық төмендеуін көрсетті. 30 айдан кейін +5 °С температурада қағаз орамында өсу 12,2 %-ға дейін азайды; 4 жылдан кейін тұқым өміршеңдігін жоғалтты. Зерттеу жүргізу кезінде контейнердің түрі, еру жағдайы, тұқымның оңтайлы ылғалдылығы және криопротекторлар оңтайландырылды. Нәтижелер сұйық азоттағы криоконсервациялау үшін оңтайлы контейнер пластикалық криогендік түтіктер болғанын көрсетті; еріту — бөлме температурасында жүргізілді. Тұқымның ең жақсы жылдамдық ылғалдылығы 3 %; ең үздік криопротектор 15 % концентрациядағы глюкоза болды. Зерттеу нәтижелері *Nepeta cataria* тұқымдарын сұйық азотта ұзақ уақыт сақтауды ұйымдастыру үшін пайдаланылды (дәрілік өсімдіктер тұқымдарының криобанкі).

*Кілт сөздер:* *Nepeta cataria*, дәрілік өсімдік, тұқымдық материалдар, өсімдік, сұйық азот, криоконсервация.

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### **Разработка методов криоконсервации семян *Nepeta cataria***

В статье представлены результаты криоконсервации семян лекарственного растения *Nepeta cataria*. Криоконсервация — высокоперспективный метод для сохранения семенного материала, который позволяет организовать длительное хранение без потери жизнеспособности. Цель настоящего исследования — оптимизировать условия криоконсервации семенного материала *Nepeta cataria*. Оценка семенной всхожести в процессе хранения показала линейное снижение жизнеспособности в процессе хранения. После 30 месяцев при температуре +5 °С в бумажной таре всхожесть снизилась до 12,2 %; после 4-х лет хранения семена потеряли всхожесть. При проведении исследования были оптимизированы тип тары, условия размораживания, оптимальная влажность и криопротекторы. Результаты показали, что оптимальным контейнером для криоконсервации в жидком азоте являлись пластиковые криобрирки;

размораживание производилось при комнатной температуре. Лучшие показатели семенной всхожести получены при влажности 3 %; лучший криопротектор — глюкоза в концентрации 15 %. Результаты исследований использованы для организации длительного хранения семян *Nepeta cataria* в жидком азоте (семенной криобанк лекарственных растений).

*Ключевые слова:* *Nepeta cataria*, лекарственное растение, семенной материал, всхожесть, жидкий азот, криопротекторы, криоконсервация.

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